

Career Planning for School Leavers

Life After School

Some people have a definite long term career goal and work towards it, others follow various paths of interest and are willing to explore the opportunities that arise.

Take time to think about YOU!!

It is important to think about your *interests*, *values* and *abilities* and what opportunities are out there.

- What interests me?
- What do I like doing?
- What were my best subjects?
- Which subjects didn't I enjoy?
- Do I want to work with people or am I happy to work independently?
- Do I prefer to work inside or outside?
- Do I want to keep studying after school?
- Would I rather start work or take a break before deciding?
- What sort of environment would suit my personality – do I enjoy being on the go or would I prefer to work in a calmer workplace?

The Career Development Centre can help you clarify the types of jobs that will best fit you.

Checkout these websites:

The following websites are full of information on different careers and the types of things you would do in them and some of the sites have some great online career planning tools.

www.jobguide.dest.gov.au

www.myfuture.edu.au

www.careerhchick.com.au – career website for young women

www.jobjuice.gov.au – career quiz and other information

Choosing an occupation or a job is a matching process:

You

“Your needs, values, abilities, skills, interests and aspirations”



Occupation

“The job's demands and potential for satisfying your needs”



Career Development Centre