

Issue Three  
**Limestone Coast  
Career Development  
Network**  
Newsletter

Issue Three

October 2010

The 6 most important  
areas of  
Employer Focus

## PADMAN

### Presentation

Will you represent the  
company image?

### Ability

Can you do the job (or learn it  
in a reasonable length of  
time)?

### Dependability

Will you work in the  
company's best interest?

### Motivation

Will you help achieve  
company goals?

### Attitude

Will you fit into the company  
culture?

### Network

Will you attract the right  
people?

taken from  
[www.careernetwork.org](http://www.careernetwork.org)

### Career Development Tools

[www.blueprint.edu.au](http://www.blueprint.edu.au)

### The Limestone Coast Career Development Network

- Builds Networks
- Provides information on professional training and development
- Shares good practice
- Finds solutions to local issues

### Certificate IV in Career Development

We can confirm that we have been successful in our Productivity Places Program application to deliver Certificate IV in Career Development. We are expecting this to commence in February 2011. Any enquires please contact Ali Auld—8725 1471

### Aptitude Tests

Over 70% of the world's employers are using aptitude tests as part of their recruitment process.

“Ability testing is one of the strongest predictors of a candidate's future job performance”

Free downloadable  
practice aptitude tests are offered at

**Psychometric Success**

[www.psychometric~success.com](http://www.psychometric~success.com)

**Queendom**

[www.queendom.com/tests/index.html](http://www.queendom.com/tests/index.html)



Career Development: Retrospective and Prospective  
CDA International Career Conference  
CAIRNS CONVENTION CENTRE, CAIRNS AUSTRALIA  
26-29 APRIL 2011

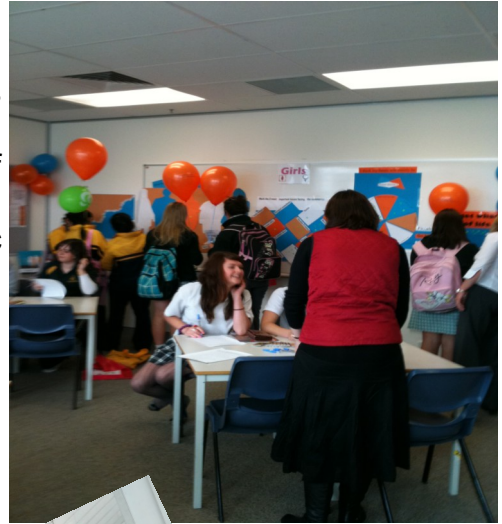
[www.cdaa.org.au](http://www.cdaa.org.au)

# What has been happening in our region?

## Rotary Careers Expo 2010

Students, unemployed, underemployed and individuals seeking a career change, explored career options, listened to guest speakers from a broad range of industries, networked and gathered information on education and training requirements for specific careers.

A new initiative of a "Career Road Map" was implemented this year allowing individuals to participate in a competition, by completing questions related to the Rotary Careers Expo 2010 sponsors and organisations involved in the Rotary Careers Expo. Winners have been notified.



**ROTARY CAREERS EXPO 2010**  
REACH. DISCOVER. CONNECT.

tafe sa  
mount gambier  
campus

friday  
september 10th  
9am - 3pm  
all ages welcome

the limestone coast rotary careers expo thanks the following gold sponsors for their generous support

tafeSA, Government of South Australia, GTE, South Australia Works, Regional Development, Mount Gambier Regional Centre

visit our websites: www.limestonecoastrarycareersexpo.com & www.cdc.org.au

The Rotary Careers Expo 2010 brochures were this year designed by Tenison Woods College Student

**Sophie Dunn**

Students were asked to submit their design ideas and a selection panel chose our very talented and worthy winner.

**Sophie Dunn**  
Tenison Woods College

## Member Profile

### Ann-Marie Doman

#### Group Training Employment

Ph: 08 8721 2303—Email: [ann-marie@gte.org.au](mailto:ann-marie@gte.org.au) Website: [gte.org.au](http://gte.org.au)  
Ann-Marie Doman pictured with GTE Field Officers—Bill Chant, Greg Megaw, Luke McLaughlin and Charlie Mathews.

#### What is your current role?

I am the Marketing Officer for Group Training Employment, and I also work for Regional Australian Apprenticeships Centre. So, whatever your business requirements are for Apprenticeships and Traineeships—I can help.

#### What qualifications/experience do you have to work in this sector?

I was an apprentice hairdresser a very long time ago, and so understand an apprentice's concerns and trials. I also was a small business owner and so I can identify with employers, and the difficulties they face day to day.

#### What do you love most about your work?

I really enjoy meeting people across the Limestone Coast region—from Port MacDonnell to Keith and Kingston, and everywhere in between. I relate well to young people, as I am young at heart and enjoy meeting with businesses in order to meet their requirements.

Every day is different as I visit schools, farms, training providers, staff, business owners and apprentices and trainees, so there is never a dull moment. I work with a great team which makes work a nice place to be.

#### What benefits do you see in being involved in the Career Development Network?

It gives all the different facets of the industry a chance to share ideas and gain a better understanding of what each organisation really does. The network will be beneficial in problem solving areas which need to be addressed and filling in the gaps as to our community's needs.



## Career Development Network End of Year Function

Thursday 25th of November  
3.00pm to 4.30pm  
Career Development Centre  
15b James Street  
Mt Gambier

#### Discussion topics

- Limestone Coast Regional Career Development Conference 2011
- Speakers in Schools
- Rotary Careers Expo 2011

Together with social networking, drinks and nibbles.

Supported by the Career Development Centre



Email address  
[careerdevelopmentnetwork@hotmail.com](mailto:careerdevelopmentnetwork@hotmail.com)

## Professional Development

# High Five Plus One



### Change Is Constant

We change constantly, and so does the world around us—including the working world.

Chances are that a single occupation will no longer take workers from the beginning to the end of their working lives. Adaptability is an important skill to carry into the world of work.



### Learning Is Ongoing

Graduating from high school or a post-secondary program doesn't mean that your education is complete. Education is not limited to classrooms in a school. Opportunities to learn are everywhere! Learn to recognize them and make your learning a lifelong experience.



### Focus on the Journey

Travelling through life is like travelling down a road: having a destination gives direction, but most of the time is spent moving along.

Pay attention to the journey, with all of its pitfalls, sidetracks, opportunities, and highways to new destinations.

No matter what career path is chosen, there are some things that remain constant for all people. Canadian career development specialists originally called these constants the "High Five." Some children have already learned about the High Five in school. A sixth principle has been recently added, giving us the "High Five Plus One."



### Follow Your Heart

Dreaming about your future can help you to understand what you really want in life.

Knowing what you want and keeping it in mind can give you the motivation you need to deal with life's challenges. Listen to your inner voice.



### Access Your Allies

The journey of life is not taken alone. Life is like a team sport, and your team members are your friends, family, teachers, and

neighbours. Any of them can be willing and helpful allies when it comes to judging what steps to take on life's path.



### Know Yourself

The career planning constant or principle "Know Yourself" is the latest addition to the High Five Plus One. Knowing your true self by examining your values, beliefs, and interests in as much detail as possible will help you with career decisions as you travel along your career path.

[www.edu.gov.mb.ca/k12/docs/support/c\\_plan\\_home/high\\_five.pdf](http://www.edu.gov.mb.ca/k12/docs/support/c_plan_home/high_five.pdf)

## Career Development Network Meeting & Function June 2010

### Thanks to our Guest Speakers

**Alice Stokes**—Skills Recognition Service

**Carla Doody**—Independent Learning Centre

**Martin Montgomery**—Clean Jobs Project

Following the speakers was an informal networking opportunity.



If you or your organisation has any events or programs you would like to have added to our newsletter please email information to [careerdevelopmentnetwork@hotmail.com](mailto:careerdevelopmentnetwork@hotmail.com) by the first Monday of each month